

ABSTRACT

A body motion evaluation apparatus 11 of the present invention is an apparatus capable of being attached to a human body, comprising: acceleration detecting means 12 of detecting information about an acceleration produced with a motion of a human body; calculating means 13 of performing predetermined calculation based on the detected information about the acceleration; calculation controlling means 14 of setting a predetermined calculation time period in the calculation; and signal receiving means 17 of receiving from outside a first behavior detection signal including information about detection of a start or end of a first predetermined behavior of the human body, wherein the calculation controlling means 14 determines a start point of the calculation based on the first behavior detection signal received by the signal receiving means 17, and sets as the calculation time period a time period from the start point until predetermined time elapses.